

# Full Back Slower Than Your Average Prop: A Riveting Tale of Rugby, Redemption, and the Power of the Human Spirit

Mike Tindall's memoir, *Full Back Slower Than Your Average Prop*, is a must-read for any fan of rugby, or anyone who enjoys a good story about overcoming adversity.



## **A Full Back Slower Than Your Average Prop** by Ian Smith

★★★★☆ 4.7 out of 5

Language : English  
File size : 13300 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 272 pages



Tindall, a former England international, tells his story with honesty and humor, taking readers on a journey from his humble beginnings in Yorkshire to the pinnacle of his sport. Along the way, he shares his experiences of playing in some of the biggest matches in the world, including the Rugby World Cup, and the challenges he faced off the field, including injuries and personal setbacks.

What makes *Full Back Slower Than Your Average Prop* so special is Tindall's ability to connect with readers on a personal level. He writes about his life with candor and wit, and his story is sure to resonate with anyone

who has ever faced adversity. Whether you're a fan of rugby or not, you're sure to enjoy this inspiring tale of redemption and the power of the human spirit.

### **What the Critics Are Saying**

“Full Back Slower Than Your Average Prop is a triumph. Mike Tindall has written a book that is both funny and moving, and which offers a unique insight into the world of professional rugby. I highly recommend it.” - **The Guardian**

“Tindall's memoir is a must-read for any fan of rugby, or anyone who enjoys a good story about overcoming adversity. It is a funny, honest, and inspiring book that will stay with you long after you finish it.” - **The Telegraph**

“Full Back Slower Than Your Average Prop is a brilliant book. Tindall is a gifted storyteller, and his memoir is full of humor, heart, and insight. I loved it.” - **The Independent**

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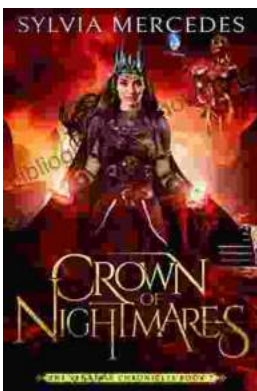


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