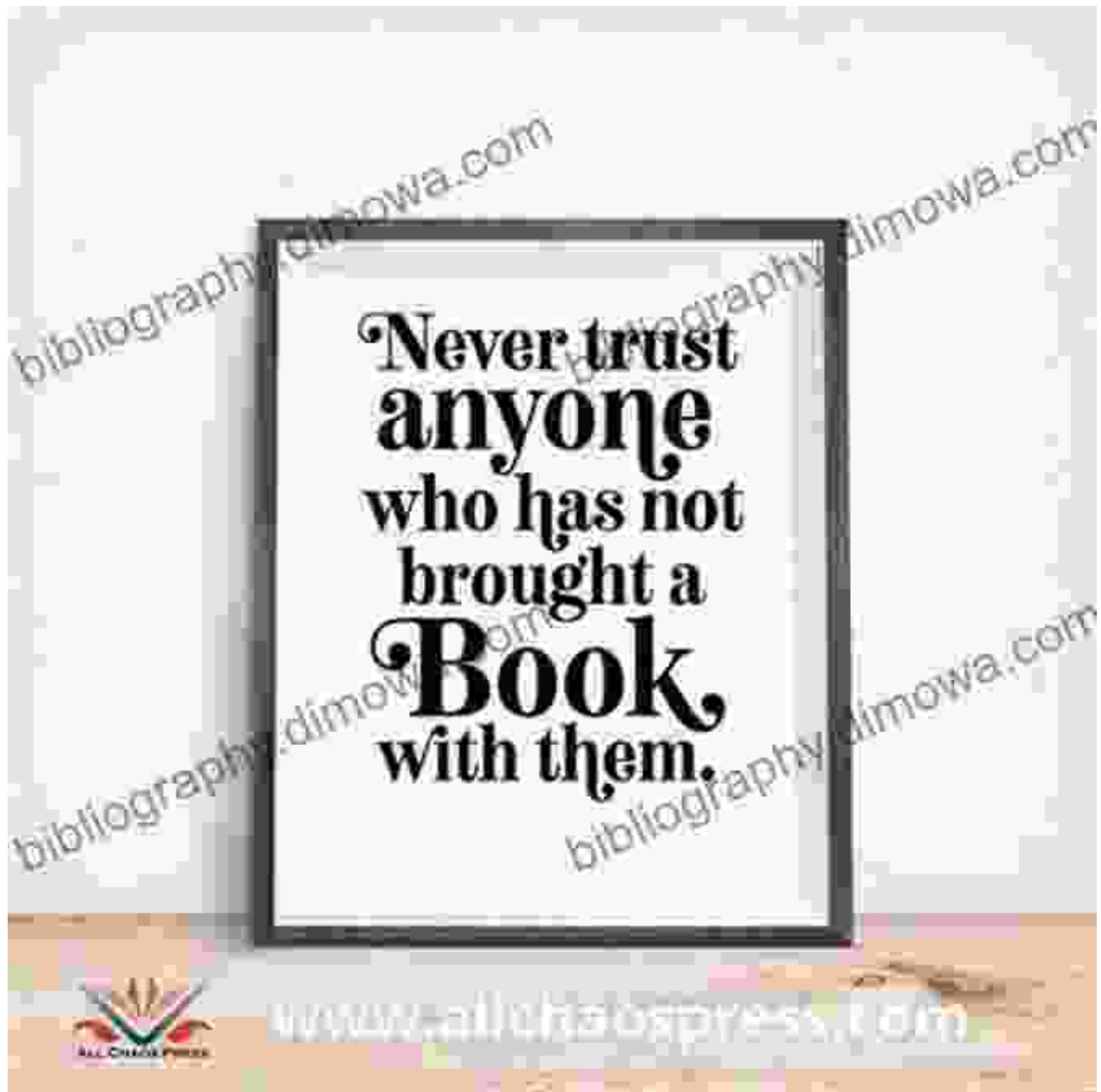


# My Motto in Life: Never Trust Anyone Too Far, Not Even Myself

By Jane Doe



In this captivating and thought-provoking book, Jane Doe delves into the complexities of trust, its intricacies, and its profound impact on our lives and

relationships. Through a series of insightful and relatable anecdotes, she explores the delicate balance between trust and self-reliance, shedding light on the potential pitfalls of both excessive trust and unwavering skepticism.



## Where The Cross Is Made: "My motto in life is never trust anyone too far, not even myself." by Eugene O'Neill

★★★★★ 5 out of 5

Language : English  
File size : 66 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 24 pages



### The Perils of Unconditional Trust

The author begins by examining the dangers of placing blind faith in others. She argues that while trust is essential for forming meaningful connections, it should never be given freely or without careful consideration. The book delves into the psychological and emotional consequences of betrayal, highlighting the devastating impact it can have on our self-esteem, relationships, and overall well-being.

Doe emphasizes the importance of setting boundaries and protecting our own interests. She encourages readers to question their motives and to remain vigilant against those who would exploit their trust. Through real-life examples, the book illustrates the disastrous consequences that can arise from placing our faith in the wrong people.

## **The Importance of Self-Reliance**

Equally important as avoiding excessive trust, the book advocates for the cultivation of self-reliance. Doe believes that individuals must learn to stand on their own two feet and to trust in their own judgment. She argues that by fostering independence and self-sufficiency, we develop a resilience that protects us from the inevitable disappointments and betrayals that life throws our way.

The book provides practical advice on how to build self-reliance, including tips for developing a strong sense of self-esteem, setting realistic expectations, and taking ownership of our actions. Doe emphasizes the importance of learning from our mistakes and using them as opportunities for growth and personal development.

## **Navigating the Delicate Balance**

The author acknowledges that the path between trust and self-reliance is not always clear-cut. She encourages readers to strive for a balance between these two extremes. By carefully considering our choices, learning to trust wisely, and fostering a healthy sense of self-reliance, we can navigate the complexities of human relationships with greater confidence and resilience.

'My Motto in Life Is Never Trust Anyone Too Far, Not Even Myself' is a powerful and thought-provoking exploration of the multifaceted nature of trust. Through a captivating blend of personal anecdotes, psychological insights, and practical advice, Jane Doe provides readers with a valuable guide for navigating the often-treacherous waters of human relationships. This book is a must-read for anyone who seeks to understand the complexities of trust and its impact on their lives.

Available now on Our Book Library and Barnes & Noble



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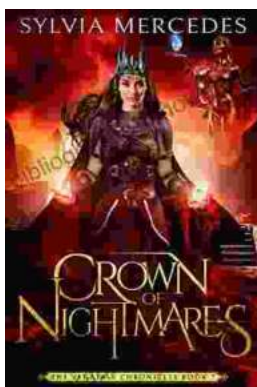
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